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Making 2012 your best year yet

Shortly you will be heading into the Festive Season for a well deserved break. It's been a challenging year and you have had to tackle many issues that have tested your capacity to change and adapt. All too easy therefore to neglect thinking about the year ahead and what you would like to achieve. Fortunately, I've done that reflection for you. Here are 10 resolutions which, if implemented, will ensure that 2012 is your best year yet.

1. I will set a list of goals and review them regularly.
The last part is critical to achievement. Ensure your goals are where you can see them.
2. I will set myself an exciting physical challenge that will require some dedicated training.
Give yourself a reason to push that bit further in your exercise regime.
3. Each month I will read a book on business improvement or personal development.
This discipline will ensure you are always adding to your knowledge. Buy yourself a Kindle and access the awesome range at www.amazon.com for only a few dollars per eBook.
4. I will add 200 names to my Linked In contacts and enhance my Linked In profile by way of a current photo, fresh testimonials, link to the company website and other items of value.
Small amounts of consistent effort will vastly improve your personal social media profile.
5. I will enhance the relationship I have with my life partner.
Hint: this resolution will be made much easier by reading "The Five Love Languages" by Gary Chapman, a profoundly insightful book which will assist you in best directing your endeavours.
6. I will block out holidays in my diary 18 months in advance.
You are not a machine. Regular holidays to look forward to and enjoy will keep you fresh.
7. I will schedule regular activity with my children and the other significant people in my life.
It's a hollow victory to succeed in business but be a failure at home. Set aside regular out of office commitments in your diary to ensure you stay close to the people you love.
8. I will resolve a significant career/business issue that has been sitting in the "too hard basket".
EG: specialise; take on a business partner, go to 4 days per week, hire a business manager
9. I will have a great day at the office every day by focusing on the critical issues which will make the biggest impact on business outcomes.
Nothing succeeds like success. Progress on significant issues will build momentum that will carry on to the next challenge. Ensure this receives the majority of your attention.
10. I will take more photographs.
Okay, I'll admit this last one is an indulgence given my interest in this area. However special moments are precious and it's great to surround oneself with pictures of significant others.